

EKG

EXCITING KNOWLEDGE FOR GANS

A Publication of the Georgia Association of Nursing Students

Brought to you by



Welcome Back!

Karlee Baumann, EKG & Website Director

Greetings, Georgia SN's! The Georgia Association of Nursing Students warmly welcomes you to a brand new fall semester of nursing school. We understand that this is a stressful time for student nurses, but when are we *not* stressed out during the school year!?

Even so, GANS is here to support you during the trials and successes of nursing school. In this Back-to-School edition of your state student nursing organization's newsletter, the *EKG (Exciting Knowledge for GANS)*, there are plenty of valuable resources to share with students who are excited about being involved in this critical profession. Some of the highlights you can look forward to learning about as you flip through the following pages are:

- What exactly GANS is and how we can help you
- The upcoming 57th GANS Convention being held in Athens from October 15th-18th, 2009
- How to run for office on the GANS Executive Board
- Past events
- Various ways to get involved in your community to make a positive difference in people's health
- Happenings in your district
- Tips to start off your semester successfully
- & more



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President's Message:

Martina Minneci, GANS President

It's August again, which means nothing other than the dreaded words, Back to School! But with GANS here to help you, the nursing student will get through it all. For those of you that are just starting nursing school, welcome to one of the professions with the most opportunities! GANS stands for the Georgia Association of Nursing Students, and we are an organization just for you! GANS is the state organization under the National Student Nurses Association, and covers all of Georgia's nursing schools. Becoming a member of NSNA and GANS was the best thing that I did in nursing school. When you become a member of NSNA you will also be a member of GANS and will get many benefits. These benefits include getting Imprint Magazine, a discount on Drexel's NCLEX EXCEL, 5% off at Barnes and Noble, health insurance, affordable malpractice insurance, a discount on the NSNA and GANS Conventions, and opportunities for scholarships. Not only did I benefit from NSNA, I learned valuable leadership skills that I could not learn in the classroom. To become an NSNA member you can go to their website, www.nsna.org, and at the top of the page you will see a link to member services.

One of the benefits from joining was the cheaper rate for the GANS Convention. This year's convention is themed, "The Many Faces of Nursing!" We have put together all sorts of different types of nurses for our speakers hoping that you will learn new avenues of nursing that you didn't know about before. This year we are trying something new to allow you to see more speakers: speaker panels! We are also throwing exciting parties! Thursday night we will be having a toga party since we will be in Athens. So make sure to get your costumes ready. Friday night we are having a masquerade ball! We will have masks available for you to decorate for one dollar if you decide not to bring your own. Saturday night will be full with the award presentations. Make sure to get your applications in on time! I cannot forget to mention the Exhibit Hall, which we will have packed just for you! So make sure to pre-register on our website to get the best price possible to attend convention!

If you would like to attend one of our meetings or have any questions about membership, please feel free to email me at ganspresident@yahoo.com.



GANS is the proud recipient of Six of the 2009 NSNA State Level Awards, including:

- Financial Excellence Award
- Legislation/Education Award
- Breakthrough to Nursing Award
- Community Health Award
- Newsletter Contest
- Image of Nursing Award

Convention Update:

Kerri Kneece, 1st Vice President

We are gearing up for the 57th Annual Convention of the Georgia Association of Nursing Students (GANS)! The board has been steadily working to make this year's convention a great success! There is lots in store for every student, from inspirational speakers and exciting focus panels to evenings of fun with our Toga Party and Masquerade Ball! Book your reservation online at www.ganursingstudents.org today or you can download and mail in your registration form. Pre-registration does have its perks!!

The theme for the 2009 GANS convention is "The Many Faces of Nursing." This represents what we as a board, and you as members of GANS are trying to do everyday. We change the face of nursing through our education, community service, patient advocacy, political involvement, and so many other ways! You are not *JUST* a nurse! You are making a difference! This will be a year for new changes, ideas, and grand adventures; so I hope you are ready.

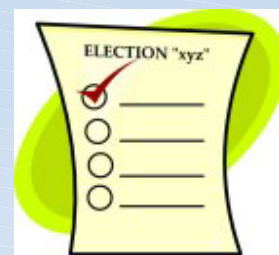
The convention will be held **October 15-18, 2009** at the gorgeous **Athens Classic Center**. GANS members can reserve hotel rooms at the Hilton Gardens Inn, which is conveniently located across from the convention center for the special **GANS nightly rate of 134.00+ taxes (must use group code "GANS")**. ****There is an \$8.00 per day parking fee at the Hilton**** We have also blocked off 50 rooms at the Holiday Inn Express located in downtown Athens at 197 East Broad Street for a special **GANS nightly rate of \$99.00 + tax (must use group code "GAN" to make reservations)** and at The Foundry Park Inn located 295 E. Dougherty Street for a special **GANS nightly rate of \$114.00 + tax (must use group code "GE1015" to make reservations)**.

Good luck this fall! I hope to see every one of you at the Convention! Please contact me with any questions, concerns, comments, and/or suggestions! Remember, the deadline to pre-register for the best rates, and to ensure you receive a bag and t-shirt from our sponsors, is **September 17th, 2009!** Also remember to make your reservations at the Hilton Garden Inn, Foundry Park Inn, or the Holiday Inn Express by **September 24th, 2009**. Space is limited. Contact 1stvp@ganursingstudents.org with any questions.



Running for GANS Office:

Montrel Williams, NEC West/Chair



Wow! Summer is almost over! Throughout the year, the Georgia Association of Nursing Students Executive Board has been busy with convention planning, the Council of School Leaders, NSNA Annual Convention, and the task of finding the 2009-2010 GANS Board.

We need your help with one last task. If you are a nursing student who is passionate about nursing, shows dedication in promoting the profession, and possesses leadership qualities, we encourage you to contact a member of the Nominations and Elections Committee (NEC). It is never too early to begin thinking about potential opportunities to serve fellow nursing students by running for a state office.

If you are interested in running for state office and possess the above-mentioned qualities, please contact a member of the NEC.

Please refer to <http://www.ganursingstudents.org/office.html> for position descriptions and an application to run. Deadline for pre-slating is: **Friday, September 11, 2009**. Thanks for your time and we look forward to hearing from you.

Nominations and Elections Committee:

Montrel Williams, NEC West/ Chair (678) 613-3772 gans.necwest@gmail.com

Sumier Overcash, NEC North, (770) 377-4263 gans.necnorth@gmail.com

Miranda Deese, NEC East, (478) 230-0672 gans.neceast@gmail.com

Legislative Update:

Diana Carbone Peck, Legislative Director

Hello! I hope that this summer has treated you all well and you are prepared for the upcoming semester.

The GANS Convention will be here before we know it! I hope you are all getting geared up. Please refer to the *Guidelines for Planning Legislation/Education Programs*, which is located on the NSNA website, for an overview of the legislative process, some key terms, what you can do, and some very helpful links. Also, refer to the GANS website for helpful links on writing resolutions and applying for awards! Remember, the Political Involvement Award is due by September 7, 2009!

A major concern and area in need of our education and involvement is the new administration's plan for "healthcare reform." This is an incredible time for us to help make a difference in the future of this nation's healthcare! Our lives will be forever impacted by the decisions that take place in the next few years.

I would like to give you a very broad overview of what NSNA is involved in and the most recent legislative happenings. One of the first steps in our aim to get our healthcare under control is to make sure that the President's \$263 million *Title VIII* is put to proper use. NSNA is one of the many supporters of ANSR, Americans for Nursing Shortage Relief, which aims to guide these monies, by educating and motivating Congress, to the proper areas. The Nursing Community, www.thenursingcommunity.org, is a forum for nursing professionals and other organizations to work together on the issues that healthcare faces today. NSNA is a participant of the Nursing Community, and an "Act Now" letter that was recently sent to members of Congress ensuring that nurses would be heard and be considered and included as they move forward in healthcare reform.

I hope you are all aware that the Committee on Appropriations has prepared the 2010 Labor-HHS-Education Appropriations Bill. This bill, in detail, can be accessed at http://appropriations.house.gov/Subcommittees/sub_lhhse.shtml. The bill includes \$2.2 billion for Community Health Centers, \$530 million in HRSA to expand training programs across the health profession and nursing fields, and \$135 million for a Career Pathways Innovation Fund in the Labor and Education Departments. It is imperative that the terminology used to disperse these monies is correct and directed specifically for nursing education and healthcare reform with the use of nursing care principles. The Institute of Medicine (IOM) and the Robert Wood Johnson Foundation (RWJF) have launched a new Initiative on the Future of Nursing, which aims to identify the potential for increasing access, improving quality, and reducing costs through the involvement of nursing leaders and use of nursing care solutions. Please visit www.thefutureofnursing.org or www.iom.edu/nursing to learn more on this initiative.

I know this is a lot of information to take in, but this is a very big time in our nation's history. It is time to take a stand and support our nursing leaders, be our nursing leaders, and educate our law makers. Please don't hesitate to contact me with any questions or for help with resolutions and/or projects at legislative@ganursingstudents.org. I look forward to seeing you all at Convention!

COSL 2009 Recap:

Sarah Hernstrom, East District Director

The Council of Student Leaders' (COSL) retreat was a great success this year. Over fifty students from nursing schools all over Georgia came together to gain leadership skills, swap ideas, and problem solve. The retreat, held at Jekyll Island, opened with the statewide community project including a blood drive for the American Red Cross and the making of knotted blankets for the American Red Cross Disaster Relief branch. We had a wonderful turn out and collected 24 pints of blood and made 35 blankets with lots of material to spare. We are hoping to make the blankets again at a future GANS event.

Dr. Julia Spinolo, assistant professor at Clayton State University, opened the weekend retreat with advice, humor, and inspiration to both recent graduates and those still in school. Following the speech, Northeast Georgia Health System hosted a karaoke session with some unforgettable musical exhibitions.

We started bright and early on Sunday with various focus sessions. The focus sessions covered topics such as lobbying, how to be an effective leader, fundraising, and running for office. The Council of School Presidents (COSP) also met and two new COSP committee members were elected.

We also had some fun in the bright, hot sun working on our team building skills. We played various games to promote working together and thinking outside the box. The retreat closed with a Tropical Fiesta where we all got together to relax and talk about our new skills and ideas.

This year's retreat was a wonderful success and the District Directors could not have done it without all of the support we received from hospitals, schools, and the GANS board. We would like to thank all of the hospitals and companies that made generous donations to make this event possible. Thank you. For schools that so willingly sponsored their students, we truly appreciate your generosity as well. Finally, for the students who came to the retreat, THANK YOU!! We hope that you were able to take back leadership skills and will utilize them to increase student involvement in your nursing associations.

North District Update:

Preeti Noronha, North District Director

Hello everyone! The past few weeks have been filled with new student orientations. So far I have had the opportunity to visit the orientations at Georgia Perimeter College and Kennesaw State University. Other upcoming orientations are at Brenau University, Emory University, and North Georgia College & State University. Introducing new student nurses to the Georgia Association of Nursing Students (GANS) and National Student Nurses Association (NSNA) at the beginning of their academic year is important so that they can get involved at an early stage. Several students have expressed their desire to become involved in both nursing organizations.

Students most often have two questions when asked to get involved with NSNA and GANS. The first one is, “What do I gain from being involved in NSNA/GANS?” Some benefits of being involved in your nursing organization are that it gives you an opportunity to have your voice heard, particularly in areas you feel the need for a change or improvement. Secondly, as a member of NSNA you are eligible for various discounts, ranging from Uniform Advantage to bookstores. Third, you receive a great discount to attend the Drexel NCLEX review course offered at the Annual NSNA Convention. For more benefits, please look at www.nsna.org or www.ganursingstudents.org.

The second most common question is, “Will I actually have the time to get involved?” This is a reasonable worry, but there is a solution! The answer is careful time management. It is definitely possible to get involved in your nursing organizations. Talk to your faculty and seniors to see how they maintain a balance between academics, personal life, and leadership in the nursing organizations. Give it a try and you will be surprised at how much you can do apart from studying.

Finally, I would like to shed light on the Annual GANS Convention, which will be held in Athens from October 15th to 18th. Students from nursing schools in Georgia come together to learn, listen and share their experiences/views. Two fun events to look forward to at this year’s convention are the Toga Party and Masquerade Ball. Other equally exciting events are the focus sessions and resolution hearings. For those of you who would like to run for a position on the GANS executive board, you should feel free to do so. Please ask me any questions you have about running for a board position. I will be happy to answer you. In addition to the above, there are several awards that school chapters can apply for. These awards will be presented on the awards night of convention. For more information on the awards, check out <http://www.ganursingstudents.org/gans-happenings/conventions/gans-convention-awards-scholarships>. I hope by now most of you are keen on being a part of this convention. You can register online by going to <http://www.ganursingstudents.org/gans-happenings/conventions/>.

I would like to welcome all the new students to the nursing profession and congratulate the rest on their accomplishments so far.

You can contact me with any of your comments or questions at gansnorthdist@yahoo.com or gans.northdistrict@gmail.com.

East District Update:

Sarah Hernstrom, East District Director

The East District has been busy with school orientations for new nursing students. I have enjoyed going to the orientations and promoting GANS and the school SNA's. I hope that we can encourage more membership in GANS and leadership positions for current and new students. Please let me know if you have an orientation you would like me to attend!

We are also looking forward to convention in October! Please check out the website for information, pre-registration and award applications.

Hope to see you all in October if not sooner!

West District Update:

Rashonbah Rogers, West District Director

Welcome to another semester filled with books, clinicals, and our wonderful nursing educators. I am getting ready for all of the west district's new nursing student orientations across and really hope to raise our membership across the state.

The GANS convention will be in Athens this year and we will have lots of activities planned in addition to the upcoming election for the new state of Georgia executive board. Local boards can show your school pride by turning award applications in before September 8th. Application information can be found on the GANS website.

I hope you all have a successful semester and I look forward to meeting you all at convention.

Community Health Update

Scott Nguy, Community Health Director

Statewide Community Health Project:

For the upcoming GANS Convention in Athens, we will be collecting hygiene kits and toys for migrant farm workers and their families. Every year, Emory University's Nell Hodgson Woodruff School of Nursing organizes a two-week summer program in Moultrie, Georgia to provide basic health services to migrant farm workers and their families.

During the two weeks, health professional students from nursing, dental hygiene, physical therapy, pharmacy, and psychology work together, creating a comprehensive and holistic system of healthcare. Students spend the mornings at a local elementary school working with the children of migrant farmers and in the evening they travel to various farms and set up night camp to provide primary care.

Why are we focusing on this population? Well, migrant farm workers contribute greatly to this state's agricultural industry. The majority of the fruits and vegetables we buy in grocery stores are handpicked by these farm workers. There are over 100,000 migrant and seasonal farm workers in Georgia. Often viewed as an "invisible" population, migrant farm workers face major health disparities and lack access to health care. Due to working in a piece-rate system and the repetitive and physical demands of their jobs, migrant farm workers are prone to developing musculoskeletal disorders. Other factors contributing to their poor health include pesticide exposure, substandard housing, and low pay.

For this year's Statewide Community Health Project, nursing schools across Georgia are encouraged to compile hygiene kits for the farm workers and collect toys for the children.

Each hygiene kit consists of:

- pair of white socks
- pair of flip-flops (preferably size 8 men)
- bottle of shampoo
- deodorant stick
- antifungal cream or powder
- bar of soap
- nail clippers
- bag to hold all items



Each kit costs about \$10 when buying items individually. To save money, it is recommended that each school buy items in bulk and then assemble complete kits. Local hotels may also be solicited for hygiene products. Our goal is to collect 700 hygiene kits. Toys to be collected should be appropriate for elementary students. Please bring all donations to the Athens Classic Center during the GANS Convention from October 15-18.

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Lazarus Health Day:

On September 20th, Lazarus Ministries in Atlanta will host the 3rd Annual Health Day with the Homeless. The Lazarus Health Day is a street fair that offers people who are homeless medical services, hygiene care, food, clothing, and even laughter and fun! Nursing students may volunteer to help provide basic medical screenings such as blood pressure, diabetic checks, asthma screenings, and much more. For more information, go to www.lazarusatlanta.org.

COSL Update:

At the COSL Retreat at Jekyll Island back in May, we collected 22 units of blood and made 30 fleece blankets for Red Cross! The blankets were donated to the Atlanta Red Cross Chapter and will be used for emergency/disaster relief.

Café 458:

Looking for a place to volunteer? How about Café 458? Located near the Martin Luther King Jr. Historic Site, Café 458 is the only restaurant in Atlanta that serves homeless individuals during weekday mornings. On Sundays, a local guest chef is invited to cook brunch for the general public. All proceeds from Café 458, including tips, go directly to support Samaritan House of Atlanta, a nonprofit agency that offers a variety of services for homeless men and women. For more information, go to <http://cafe458.pmhclients.com>.

Community Health Project Grant:

Applications for the second round of Community Health Grants are now available on the GANS website. Successful applicants will each receive \$100 to help conduct small community health projects through their school. In October, seven grants will be awarded at the GANS Convention held in Athens. The deadline for the application is September 7th.

Community Service Award:

Like the Grants, applications for the Community Service Award are now also available on the GANS website. The purpose of this award is to give recognition to nursing students who find time to give back to the community. The award will be announced during the GANS Convention. The deadline for the application is September 7th.

Please contact gans.community@gmail.com with any questions.

Building Up Your Local Student Nursing Association: How One Inspired Student is Taking on the Challenge

Kelly Aikens, District Director's Assistant

At the 2009 NSNA Convention in Nashville, I went to a conference in which they discussed the importance of giving back to the community, both while in school, as well as after graduation. This had a great impact on me. I thought about the ripple effect that one action can make, and I felt motivated to become involved and make a difference.

Our school nursing student association was very small and for the most part, unknown to our community. Most members graduated this year, and involvement in activities ranged from 3 to 8 people. As much as I looked at this as a challenge, I also saw a lot of opportunities. I thought about what I could do, no matter how small it may have seemed, and wrote a list of ideas and things to do. I focused on one event at a time and tried to make it the best it could be.

We recently helped assist at the new student orientation for fall semester, and had a very successful fundraiser. We made close to \$3,000 in sales! Previous orientations made approximately \$700-\$1,000. I feel this has helped to prove we *can* make a difference if motivated members will work on new ideas to build the association. Several of these ideas are currently in the works. I have created a Community Health Director position, which has just recently been filled, and I have received interest from other new students regarding involvement, and am very excited about what new opportunities we can find.

My experiences and motivation have driven me to make the next step in my journey and I have become involved on the state level as an Assistant District Director. I am very excited that I have been given an opportunity to help make an impact on both local and state levels. I hope to keep growing and eventually, create a ripple effect.

Camp Nursing: One Student's Memorable Summer Externship:

Michelle Mabry, 2nd Vice President

After graduation, I was elated! Then, I realized I didn't have a job. Then, I realized my student loans were going to start knocking. Then, a friend of mine called and asked me to be the camp nurse for the summer. All of my dreams came true! I could finally be a nurse, sort of, and pay my student loans, sort of. Although I didn't have my license, I was still allowed to be the camp nurse for the summer. I had a nurse visit me every day. As it turns out, I was considered a nurse extern.



I have done many things as the camp nurse. I don't think some of them were in my job description, but I did them to help the campers. A day in the life of a camp nurse really depends what age groups are currently at the camp. The most important aspect of the camp nurse's job is to hand out medications for the campers. This usually occurred after breakfast, lunch, and at bedtime. Some weeks, I did laundry every day for those who wet the bed. But, most weeks I healed bee stings, stomach aches, hormonal imbalances, homesickness, and much, much more. A few campers had behavioral issues that went beyond my capabilities. I would have to call the camp director.

I learned many things from the campers in the evening while they were waiting for their meds to be dispensed. I learned that even at age 10, boys have raging hormones. I learned that some 6th grade girls still hate boys. I also found that the first half of the week was "horrible" for the campers. Then by the end, they were begging to stay another week. A lot of campers were here for the first time. They were away from their parents for a week and this was culture shock for them. The campers were not allowed to have any electronics. Talk about going through withdrawals. Some campers couldn't wait to get home so they could play their video games and use their iPod. They were truly clueless as to what they could and should do outside.

What I got out of being the camp nurse for the summer was amazing. I found that patience really is a virtue. A good portion of my day went to listening to campers and their problems. I would ask them how they felt about it, or what they felt they should do about their problem. They usually figured out what they wanted on their own by talking it out. Take note: Mental Health Nursing was very important here at camp. I used a lot more of my nursing classes here than I thought I would. Never, ever, underestimate a camper...or the camp nurse!

Attention:

We want your stories! Please feel free to submit your stories, thoughts, or knowledge regarding nursing for our next EKG. We are always looking for writers! E-mail your ideas or articles to the EKG Director at gans.ekg@gmail.com! the next deadline is **Friday, November 13th**!
Thanks!



RESEARCHING CAREER OPPORTUNITIES? Visit the **GANS Career Network!**

- › Search & apply for new graduate RN opportunities
- › Find popular externships
- › Research top employers

Visit: <http://www.ganursingstudents.org/> (Click on “Nursing Jobs”)



Career Corner

Exclusive GANS career resources

With the school year now in full swing, it is time to focus on the tools that will help you find your first nursing job. Whether you are looking for part-time work, an externship or full-time employment, the Georgia Association of Nursing Students is here to help you. GANS provides its student members with an online job board and career resource center, accessible through the GANS website at <http://www.ganursingstudents.org/> and click on “Nursing Jobs”.

The GANS Career Network is designed to meet the specific needs of job seeking nursing students throughout Georgia. Available on the job board are the following resources:

- New Grad Programs and Internships from across Georgia and the nation
- Resume Writing Center (Including sample resumes, action verbs, etc.)
- Interview Center (Including sample questions, advice, tips, etc.)
- Salary Center (Salary Worksheet, glossary of key terms, negotiation tips, etc.)

Take Caution

Privacy concerns in the Information Age

Students should be very careful when registering with online services or sharing contact information with vendors at conferences. Many career related services will actively sell your contact information and resumes without your knowledge. We urge you to please be cautious when choosing online services and to be sure and read each website’s privacy policy.

* If you register through the GANS Career Network job board, your contact information and resume are 100% secure. AfterCollege, Inc., will never share or sell your information.

AfterCollege’s Tips to Successful Career Fairs, Open Houses and other Special Events

Before the event:

1. Do your homework. Research the organization(s) before the event and educate yourself. Finding a job is a nerve racking process, but the more you prepare before the event, have fun and let your personality shine, the better off you are.
2. Make several copies of your resume. Be sure to proofread very carefully and definitely have others check for accuracy and grammar.

During the event:

3. Make a great first impression. Dress professionally and prepare a 30-second commercial about yourself. These events are interviews too and nurse recruiters and managers will meet hundreds of people. This is your chance to stand out.
4. Use proper interviewing techniques. Sometimes you will only have a few minutes with the organization so introduce yourself, keep eye contact, and show your interest.
5. If you’re interested in a New Grad Program or other opportunity, have questions prepared that are tailored towards the opportunity. For example: When does the program begin, how long is the program, which departments have openings, etc.
6. Remember to network. Talk to other students and attendees. You may hear about opportunities of which you were unaware.
7. Collect materials to look over later. Use your time at the event to talk directly to the nurse recruiter or manager and have your questions answered.
8. Ask for a business card. When you walk away, take a few moments to jot down notes to help you remember details about the conversation.

After the event:

9. Send a thank you note and restate your interest. It is a great way to make a lasting impression.



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Sample Questions Provided



1. A disruptive, 10-year-old child is having difficulty interacting with the other children on the unit. Which would be the **BEST** nursing action?

- A. Have a unit conference with other staff members and discuss strategies to solve the problem.
- B. Talk to the child about the behavior that is causing the problem and identify possible solutions.
- C. Tell the other children to stop teasing the client and observe for changes in the client's behavior.
- D. Tell the client's mother that she needs to talk to her son about his disruptive behavior.

Answer: B

- A. This is not patient centered!
- B. This is the patient centered response.
- C. It's not the other children's responsibility
- D. That's why he's in the hospital is for US to help him...

2. The school nurse observes a 13-year-old male stumbling off the basketball court during practice and suspects fluid volume deficit. Which signs and symptoms are related to fluid volume deficit? Select all that apply.

- A. Decreased capillary refill
- B. Decreased saliva
- C. Tachycardia
- D. Postural Hypertension
- E. Puffy face or eyelids
- F. Cold extremities

Answers: A, B, C, and F

- A. peripheral blood flow is diminished as a compensatory reaction to FVD
- B. All of the oral tissues will be dry in FVD

- C. Tachycardia occurs as the heart pumps faster to compensate for the decreased plasma volume
- D. Postural Hypotension occurs
- E. Sign of FVE
- F. Reflects peripheral vasoconstriction which occurs to build up central blood volume

3. The nurse, planning the care of a patient diagnosed with viral meningitis, should include which intervention?

- A. Administer antifungal agents as prescribed
- B. Place in respiratory isolation
- C. Maintain bed rest and keep in the supine position
- D. Turn off the lights and close window blinds

Answer: D.

- A. For fungal meningitis
- B. Refers to bacterial meningitis
- C. The patient with meningitis should have the HOB elevated 30 degrees
- D. Correct for all types of meningitis whereas the patient has a headache and is photophobic

4. Which statement by the nursing assistant would alert the nurse to intervene?

- A. "I am performing foley catheter care using soap and water"
- B. "I will disconnect the foley bag from the catheter to obtain a sterile specimen"
- C. "I need to apply clean gloves prior to emptying urine from the foley bag"
- D. "I am securing the catheter to the patient's thigh"

Answer: B.

- A. Appropriate
- B. Obtain specimen through port provided on the catheter tubing
- C. Appropriate
- D. Appropriate